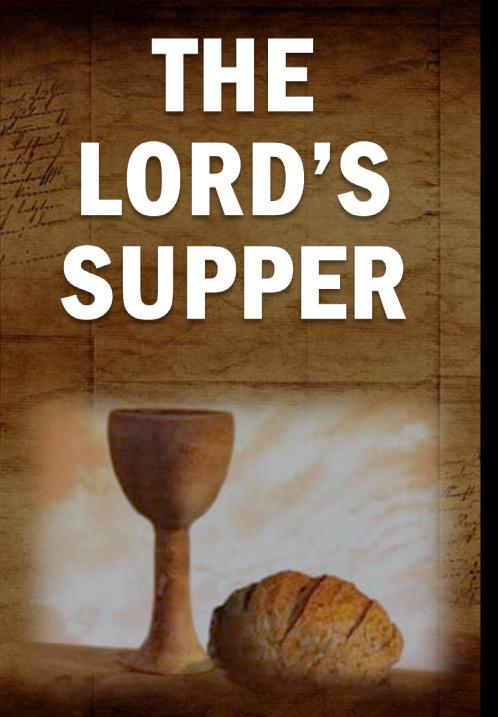


I am no longer my own but yours. Your will, not mine, be done in all things, wherever you may place me, in all that I do and in all that I may endure; when there is work for me and when there is none; when I am troubled and when I am at peace.

Your will be done when I am valued and when I am disregarded; when I find fulfilment and when it is lacking; when I have all things, and when I have nothing. I willingly offer all I have and am to serve you, as and where you choose.

Glorious and blessèd God, Father, Son and Holy Spirit, you are mine and I am yours. May it be so for ever. Let this covenant now made on earth be fulfilled in heaven. Amen.





Come to the table of Jesus, our Redeemer! Jesus invites you here as part of the people of God. Come to the table humbly, not because you have earned a place here, but because you need mercy and help.

Come because you love God, and want to love God more. Come because Jesus first loved us, and gave himself for us.

Come because you want to be filled with the Holy Spirit.

Come because you want to experience the mystery of God's grace.

Let us say together: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessèd is he who comes in the name of the Lord. Hosanna in the highest

On the night he was handed over, Jesus had a meal with his friends. He took a loaf of bread and after giving thanks to God, he broke it and gave it to his disciples. He said, "Take, eat; this is my body which is given for you. Do this in remembrance of me."

Let us pray together:

Thank you Jesus, for loving us, even unto death.

Send your Spirit upon us so that we may know

that all who eat and drink at your table in our congregation and around the world

are one body, one holy people



After supper Jesus took the cup of wine; and after giving thanks, gave it to them and said, "Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, remember me.

Let us pray together:

Lord, give us clean hearts, forgiving hearts, praising hearts. As we drink this, we join with our brothers in sisters in heaven and on earth, giving thanks to you in an endless song of praise. Amen.



Let us pray together:

We have come to the Lord's table, we have eaten the bread of heaven. God is the one who will transform us so that we can see with Jesus' eyes, hear with Jesus' ears, speak with Jesus' mouth;

so that we can be the body of Christ in the world,

proclaiming the good news of God's reign.

Come Lord Jesus! Amen.