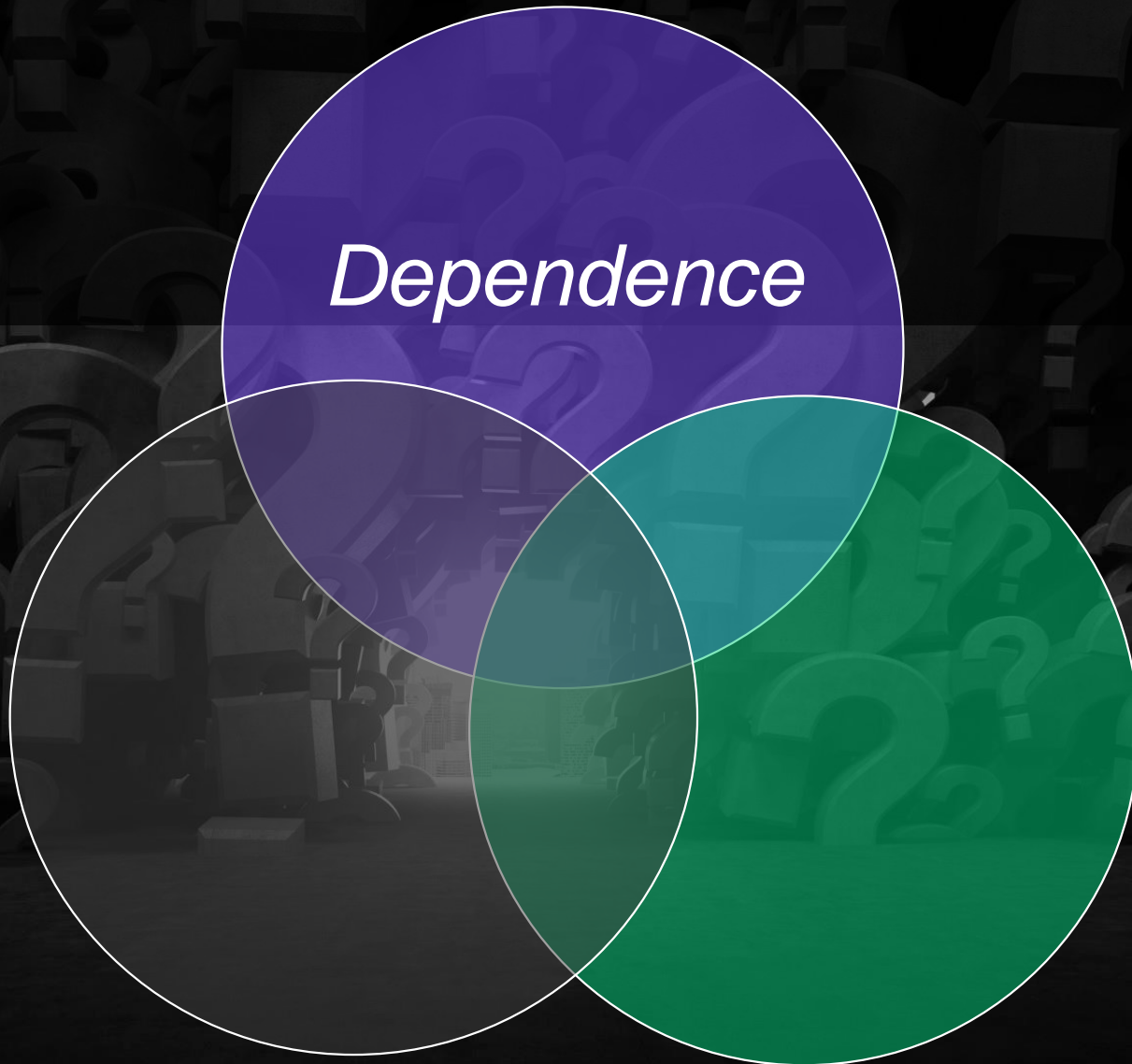




Finding God in our suffering

Reflect on the lives of Job

Finding God in our suffering



Finding God in our suffering

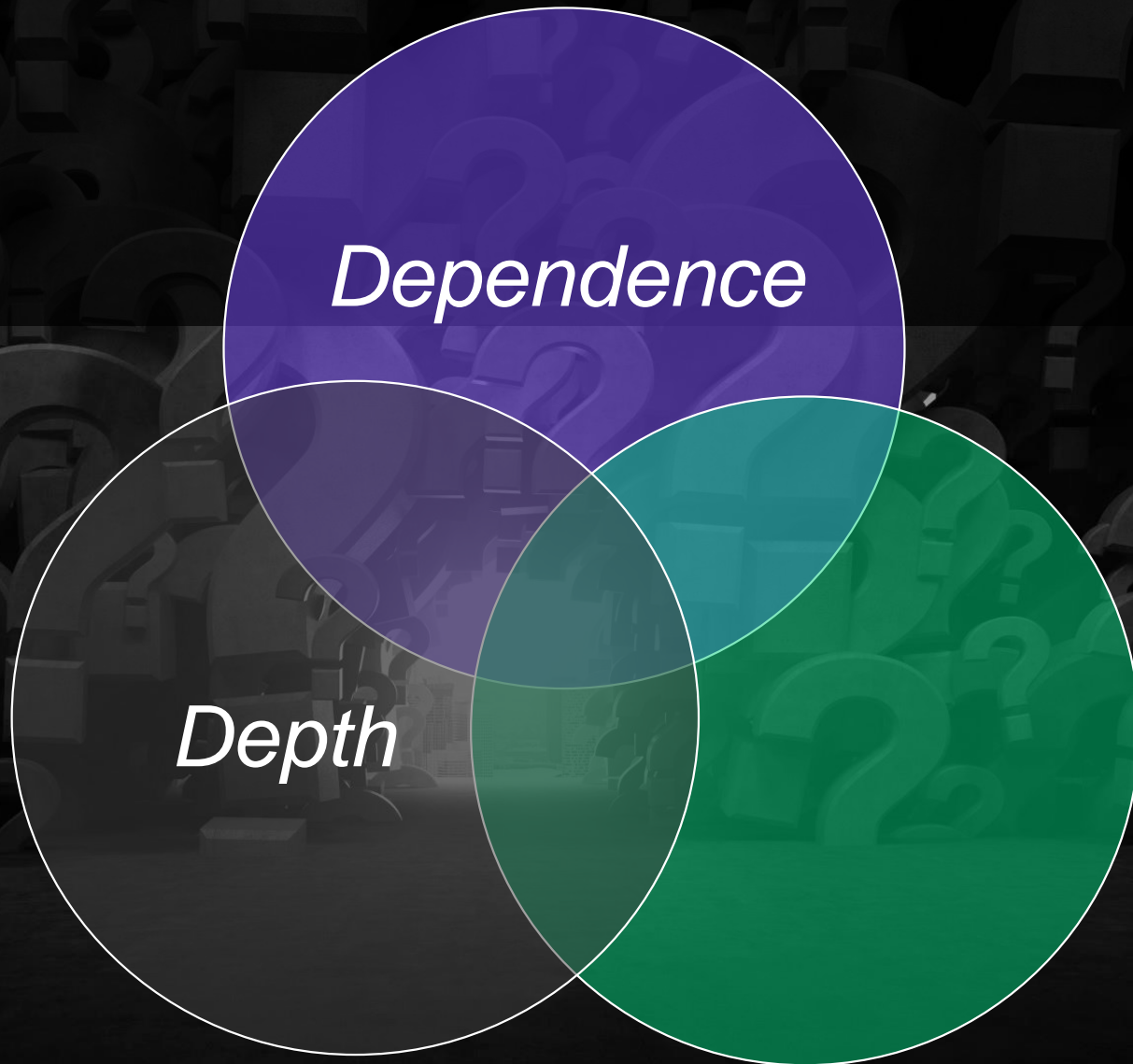
Although he was a Son, he **learned obedience** through what he suffered; and having been **made perfect**, he became the source of eternal salvation for all who obey him...

Hebrews 5:8-9



God
~~Self-Dependence~~

Finding God in our suffering



Finding God in our suffering

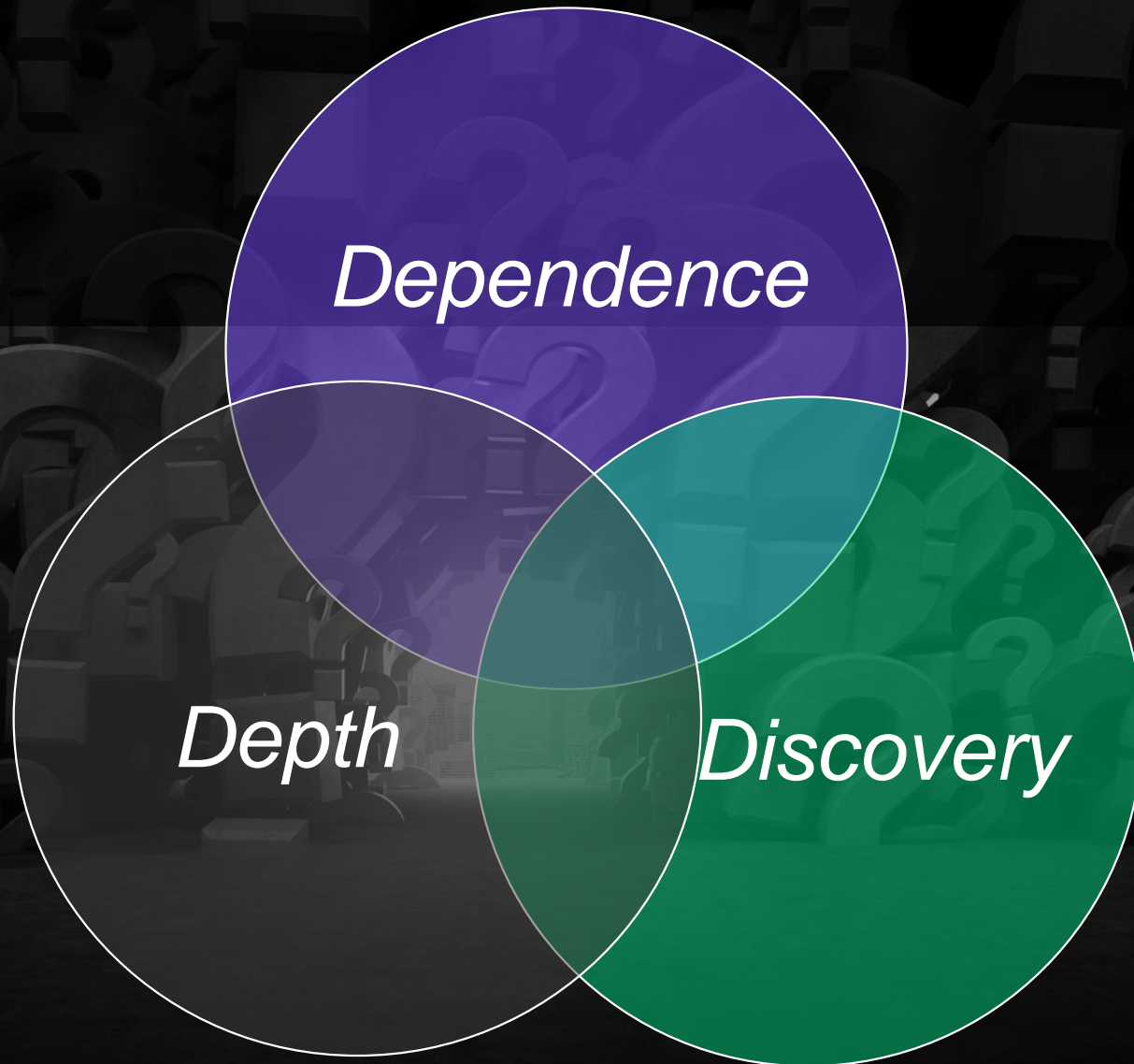
We also boast in our sufferings, knowing that **suffering produces endurance**, and endurance produces character, and character produces hope...

- Romans 5:3-4

Redwood Tree



Finding God in our suffering



Bald Eagle

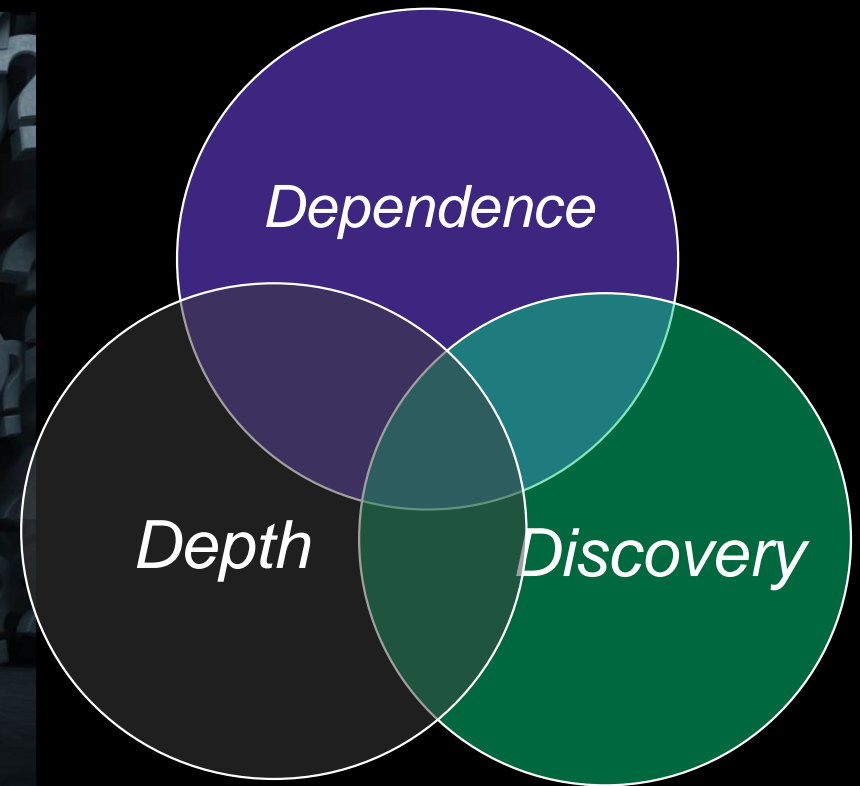
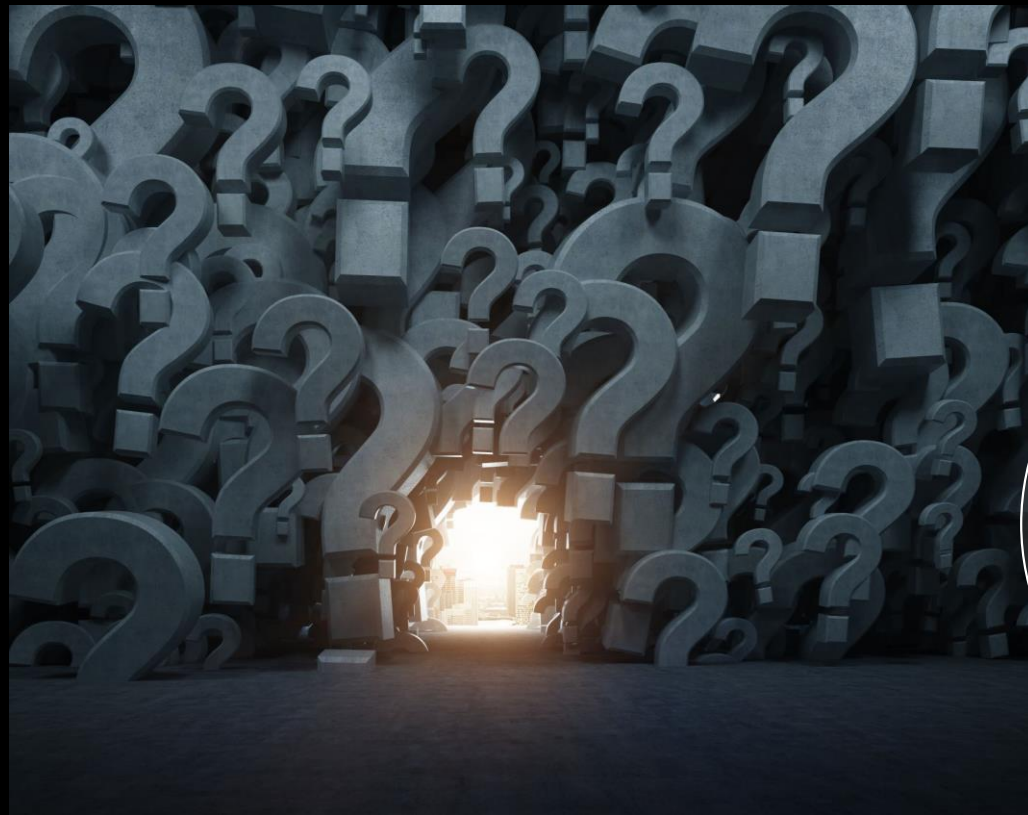


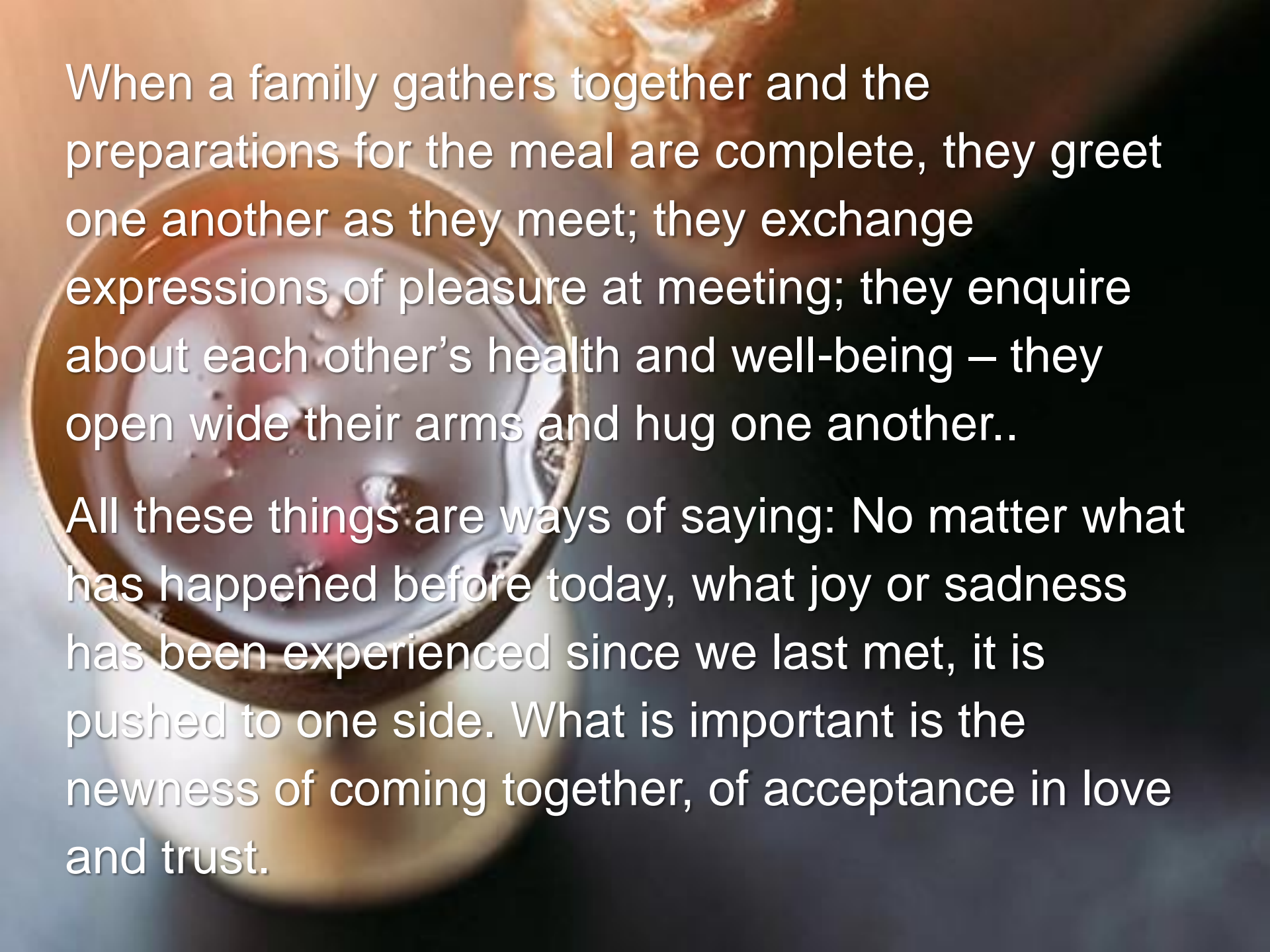
Finding God in our suffering

The Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

- 1 Corinthians 1:3-4

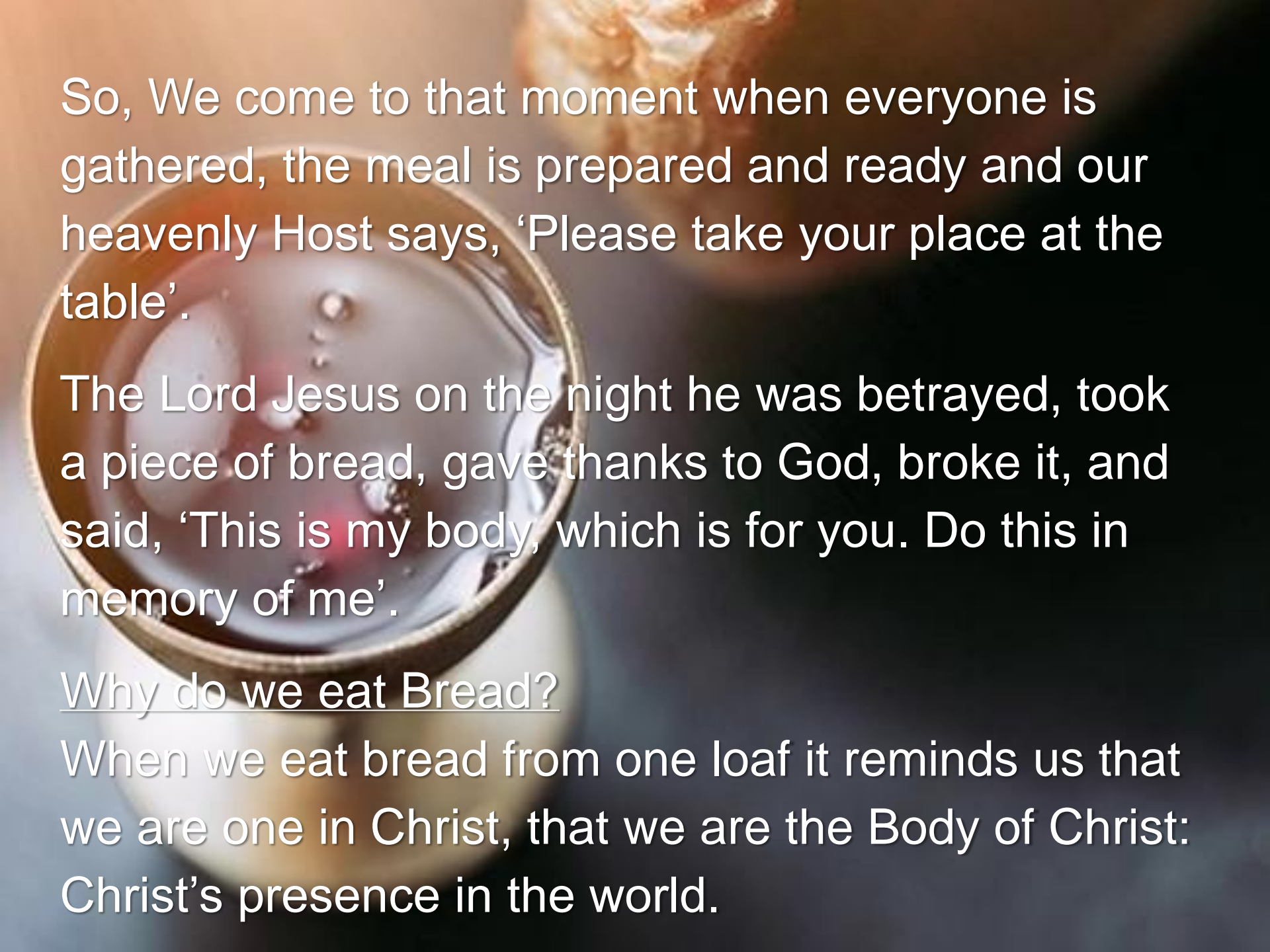
Finding God in our suffering





When a family gathers together and the preparations for the meal are complete, they greet one another as they meet; they exchange expressions of pleasure at meeting; they enquire about each other's health and well-being – they open wide their arms and hug one another..

All these things are ways of saying: No matter what has happened before today, what joy or sadness has been experienced since we last met, it is pushed to one side. What is important is the newness of coming together, of acceptance in love and trust.

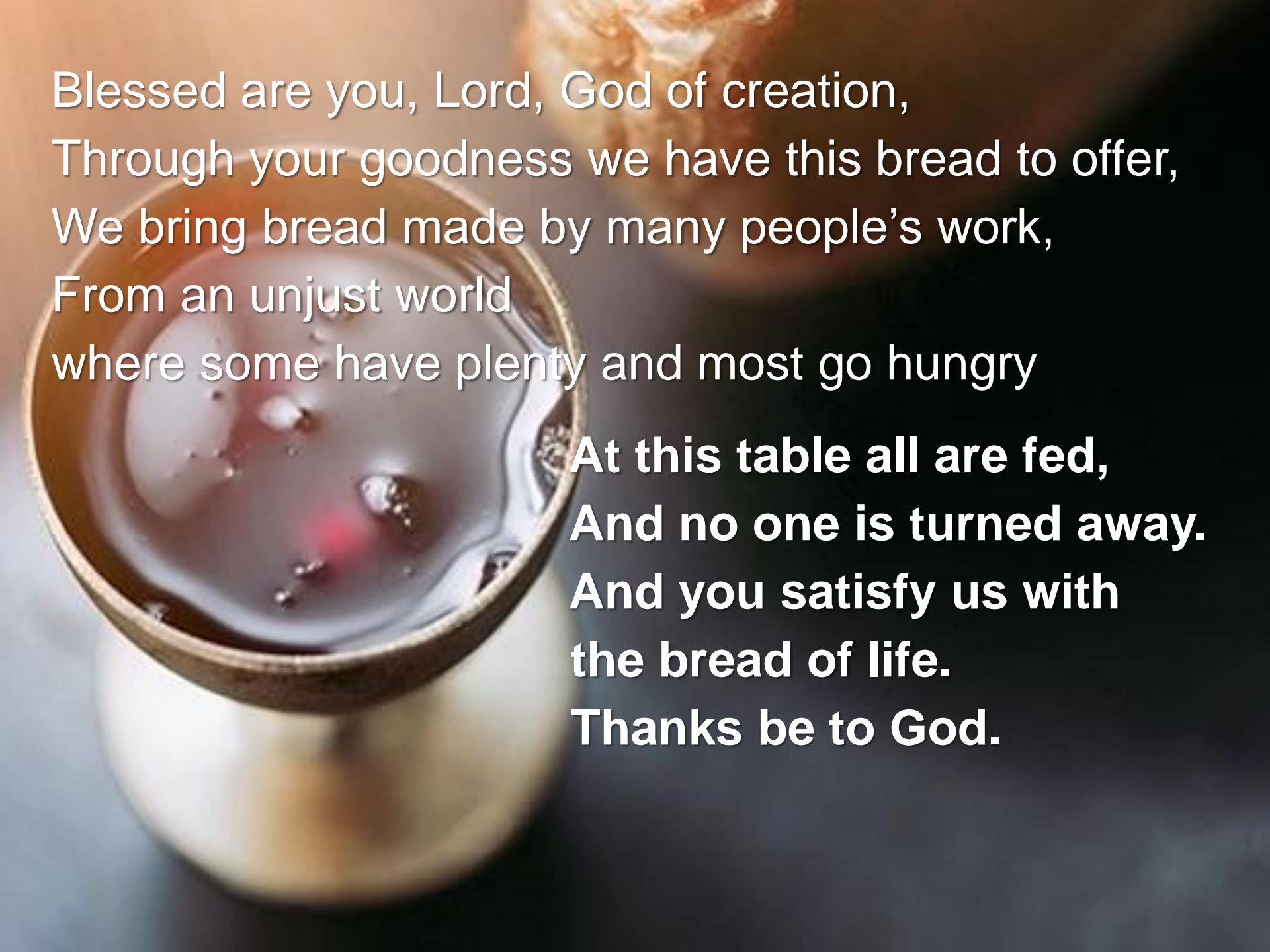


So, We come to that moment when everyone is gathered, the meal is prepared and ready and our heavenly Host says, 'Please take your place at the table'.

The Lord Jesus on the night he was betrayed, took a piece of bread, gave thanks to God, broke it, and said, 'This is my body, which is for you. Do this in memory of me'.

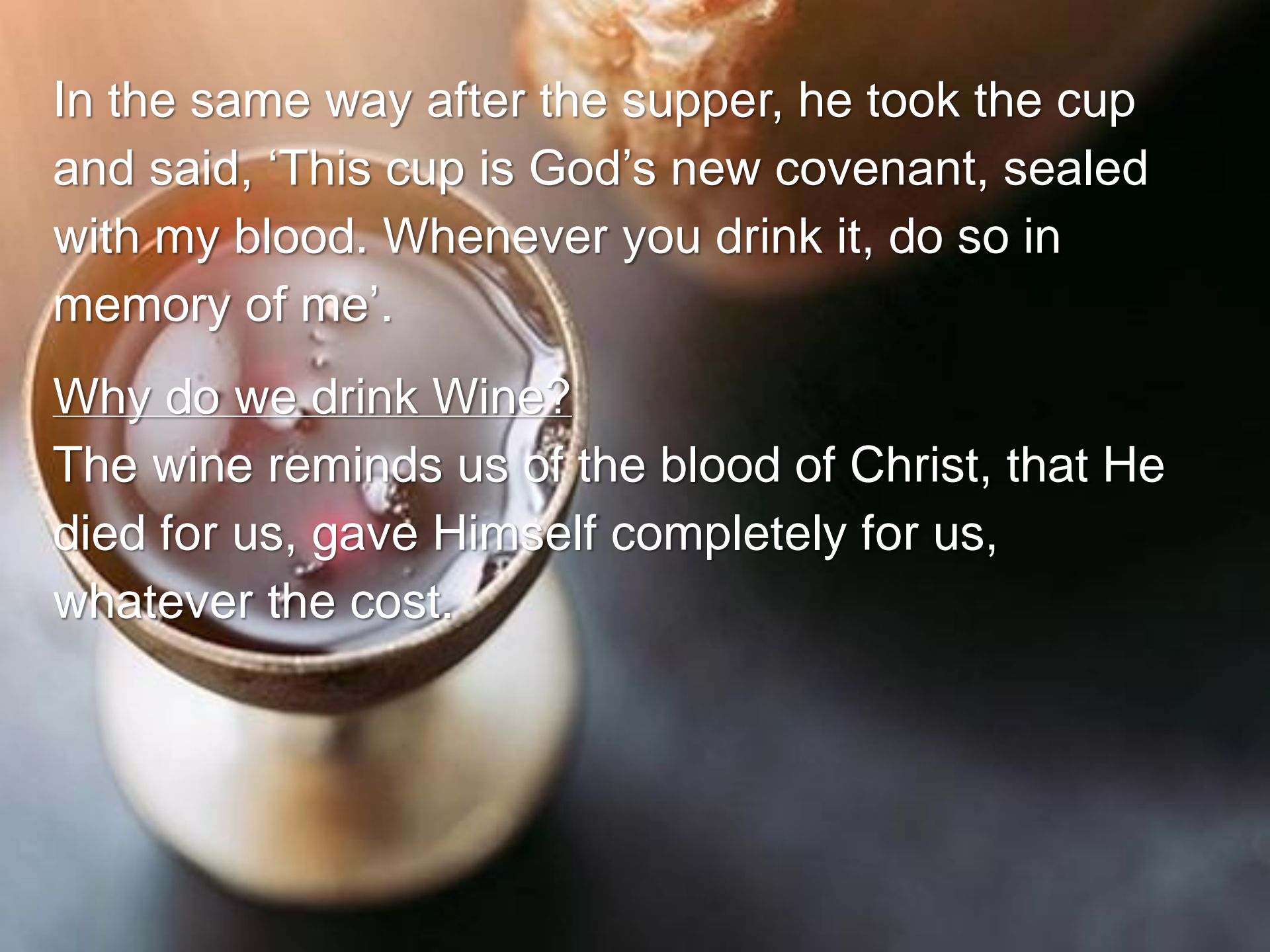
Why do we eat Bread?

When we eat bread from one loaf it reminds us that we are one in Christ, that we are the Body of Christ: Christ's presence in the world.



Blessed are you, Lord, God of creation,
Through your goodness we have this bread to offer,
We bring bread made by many people's work,
From an unjust world
where some have plenty and most go hungry

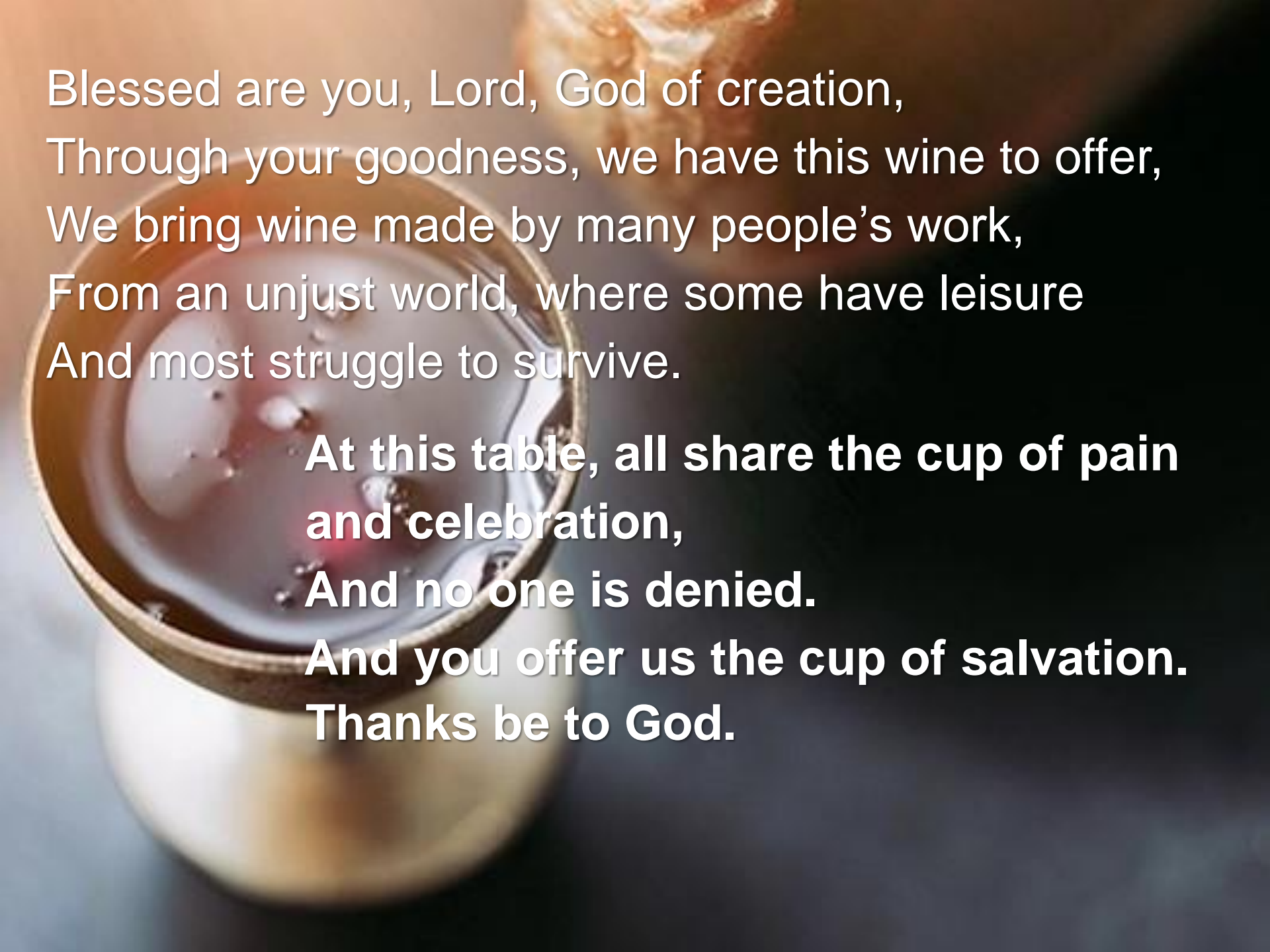
**At this table all are fed,
And no one is turned away.
And you satisfy us with
the bread of life.
Thanks be to God.**



In the same way after the supper, he took the cup and said, 'This cup is God's new covenant, sealed with my blood. Whenever you drink it, do so in memory of me'.

Why do we drink Wine?

The wine reminds us of the blood of Christ, that He died for us, gave Himself completely for us, whatever the cost.



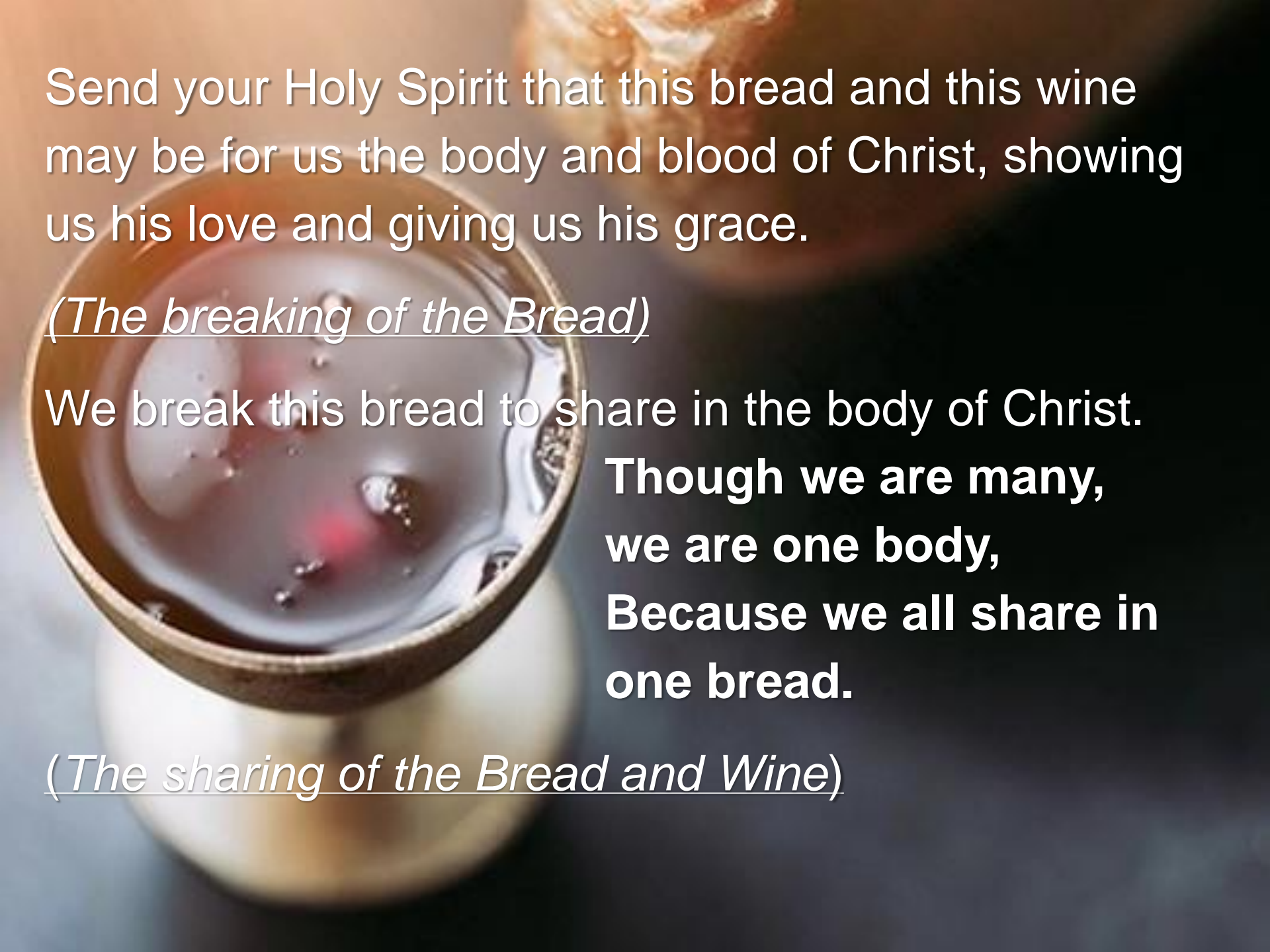
Blessed are you, Lord, God of creation,
Through your goodness, we have this wine to offer,
We bring wine made by many people's work,
From an unjust world, where some have leisure
And most struggle to survive.

**At this table, all share the cup of pain
and celebration,**

And no one is denied.

And you offer us the cup of salvation.

Thanks be to God.



Send your Holy Spirit that this bread and this wine may be for us the body and blood of Christ, showing us his love and giving us his grace.

(The breaking of the Bread)

We break this bread to share in the body of Christ.

**Though we are many,
we are one body,
Because we all share in
one bread.**

(The sharing of the Bread and Wine)