

# Isaiah 40:31

But those who hope in the Lord will  
renew their strength.

They will soar on wings like eagles,  
they will run and not grow weary,  
they will walk and not be faint.

## Hebrews 12:1-2

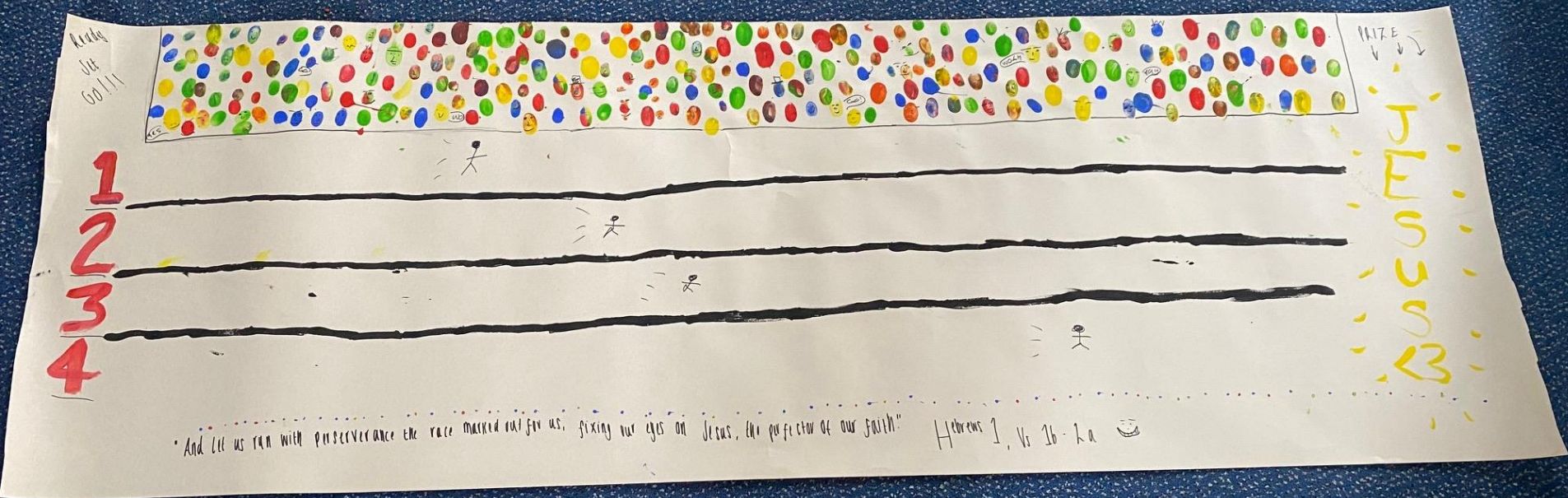
Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. <sup>2</sup> We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honour beside God's throne.

(NLT)



**SUNDAY CLUB  
SUMMER 2024**





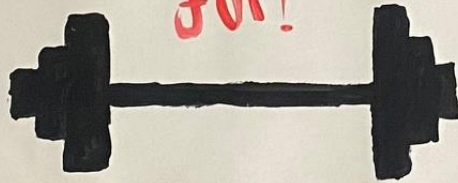
# RUNNING THE RACE

# SAMSON - STRENGTH





# What God gives me strength for!



God gives me strength



when I am worried



God gives me strength to speak

Olympic Rings!



God gives me strength when I'm trying to run the race!

God gives me the strength to listen to words.

Play with my Brother!  
I'll be my wife's helper.



When I pray...

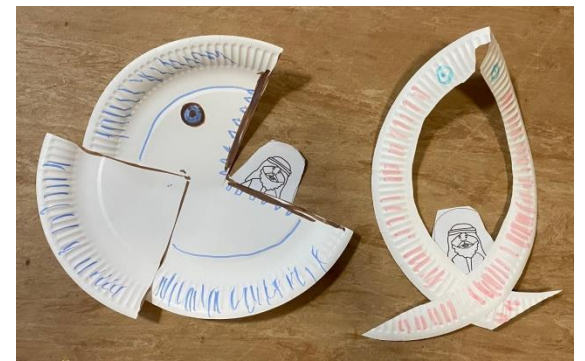
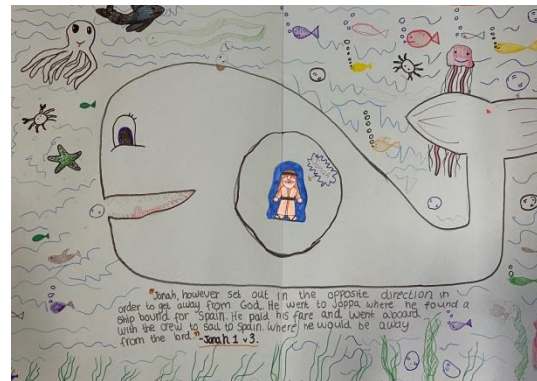
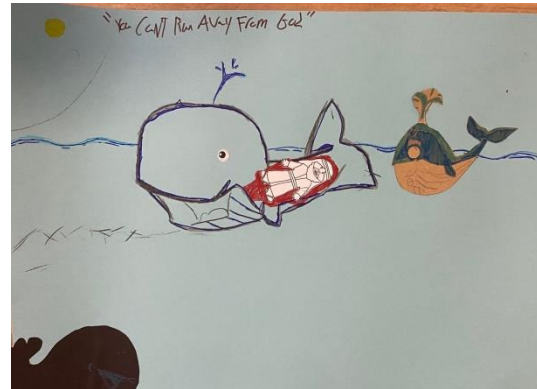
God gives me strength when I am doing work!

God gives me strength when I am tired!

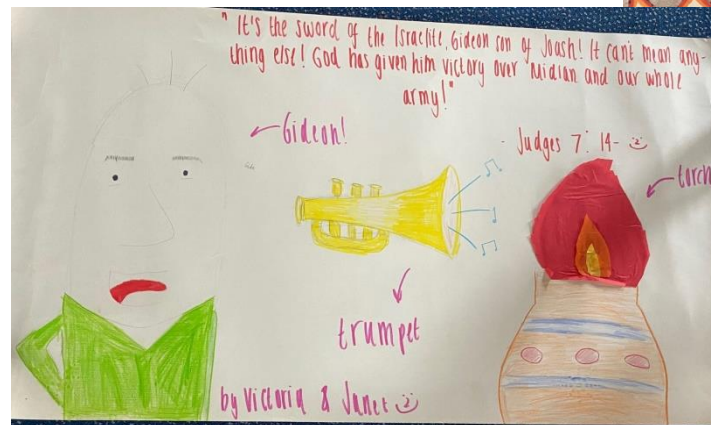
God gives me strength when I am sick!



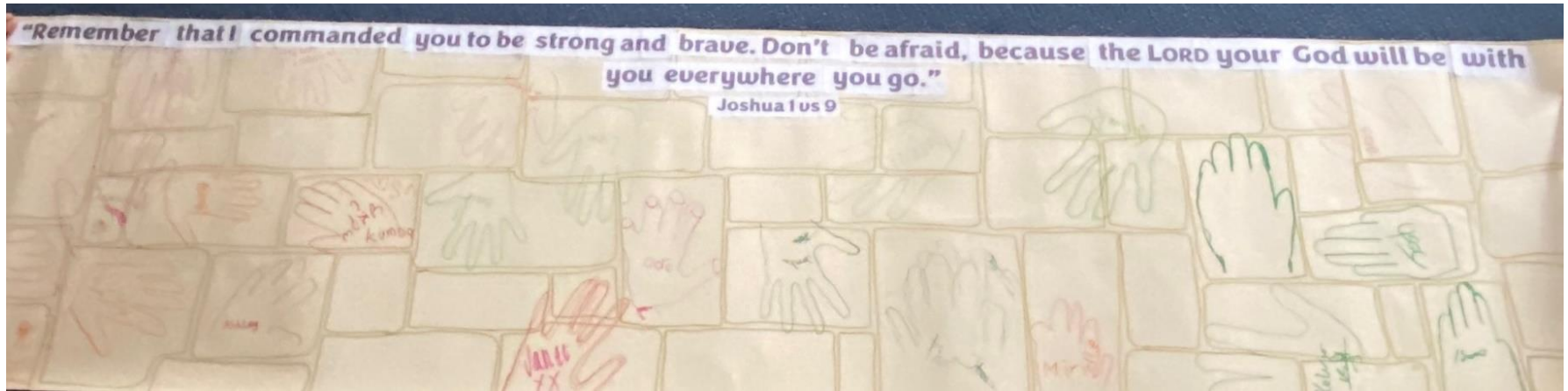
# JONAH - OBEDIENCE



# GIDEON – FAITH







# JOSHUA - COURAGE

JESUS –  
VICTORY!







# RUNNING THE RACE

HEBREWS 12:1-10

## Blessing

We say together

God bless us to have ...

The perseverance to follow God like Paul did

the strength of God in us like Samson did

the obedience to God like Jonah did

the faith in God like Gideon did

the courage from God like Joshua did

so that we can have victory in our lives through Jesus.

Amen

